

MCRD SAN DIEGO MATRIX

PR	WEEK	MON	TUES	WED	THUR	FRI	SAT	SUN	
PHASE I PHASE II PHASE III	PICK UP					PICK-UP F1	IN-HOUSE PROCEDURES F2		
	1	INTRO TO M18 F4	INTERIOR GUARD T1	FIRST AID T2	INTRO TO MCMAP T3	MARINE CORPS HISTORY T4	SPRINTS T5		
	2	UPPER STRIKES T6	PUGIL STICKS I T7	CIRCUIT COURSE/ BASES T8	OBSTACLE COURSE T9	COUNTERS TO STRIKES T10	CIRCUIT COURSE/BASES T11		
	3	CONFIDENCE CRS I T12	ROOTS & UT'S RUN T13	PUGIL STICKS II T14	2-MILE ABILITY GRP RUN T15	SEI INSPECTION T16	INITIAL DRILL T17		
	4	SWIM WEEK T18				PUGIL STICKS III/BAC T21	MARINE CORPS HISTORY T22	MOVEMENT TO WFTBn T23	
	5	GRASS WEEK T24					4-MILE HKE T29		
	6	TABLET T30					QUALIFICATION DAY T34	4-MILE HKE T33	
	7	FIELD WEEK T36						MCMAP REVIEW T41	MOVEMENT TO MCRD T42
	8	TEAM WEEK T42	1ST UNIFORM FIT T43	TEAM WEEK T44	TEAM WEEK T45	TEAM WEEK T46	SERIES PFT T47		
	9	OBSTACLE COURSE x 2 T48	CIRCUIT CRS/ SPRINTS T49	COMBAT CONDITIONING COURSE T50	6 x 10-MILE RUN T51	2ND UNIFORM FIT T52	7-MILE HKE T53		
	10	FINAL DRILL T54	MCMAP TEST T55	FINAL PFT T56	PRAC TEST/ RAPELLING T57	RAPPEL/ FASTROPE T58	Co CMDR'S INSPECTION T59	MOVEMENT TO WFTBn T60	
	11	CONFIDENCE CHAMBER/ FIELD DEFENSER T60	CRUCIBLE T61	EMBLEM CERIMONY/ WARRIOR MEAL T62	SUPER SICK-CALL/ GEAR DE-ISSUE T63	MOVEMENT TO MCRD T64			
MARINE WEEK	12	SICK-CALL/ SHIP PREP T65	Co CMDR'S INSPECTION T66	PARADE PRACTICE T67	MOTO RUN T68	GRADUATION T69			